

# THE ALABAMA LION

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A newsletter for members of Alabama Lions Clubs April 2020

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**From the Lion's Den of 2019-2020 Council Chair Lion Linda A. Starr**

The Corona virus has brought about a lot of empty shelves in stores across the state. People are buying up all the toilet paper, hand sanitizers, Clorox bleach, Lysol spray, etc. I am not sure what the deal is with toilet paper, but it is like a scavenger hunt to find some of these things!

I am sorry to say that Districts 34B and 34C had to cancel their conventions due to the threat of Corona virus. MD34 State Convention has been canceled due to the threat of the Corona virus - COVID-19.

It is possible that we will not have the traditional, face-to-face, Multiple District 34 Convention

this year, however, we are looking at other alternative methods to holding a person to person meeting. We are also working on alternative methods to conduct elections in districts 34B and 34C.

The Corona virus is not just a challenge for us in MD-34, but around the world. The ability to safely hold our constitutional-mandated district conventions due to the spread of the virus throughout the state was not feasible. The Council of Governors made a decision based on the information that we received from Lions Club International Legal Division, Alabama Department of Public Health and Center for Disease Control to cancel these events.

Governor Ivey has asked that there be no events with 50 or more

people in attendance. Locally, we were asked to not have meetings of more than 10 attendees. Due to the concern for our Lions and trying to follow the guidelines that are being provided to us by our local and state agencies, we had no choice but to cancel all Lions meetings and events.

Be Safe. Stay at home. Please wash your hands often, drink plenty of water, and keep your hands out of your face. Listen to the news so you can stay up to date on what is going on in your surroundings and buy essential items at the grocery store so you can stay in to help minimize the potential spread of the virus. It is all for our safety.

We will provide you with more information when it is available on future Lions events.



Lion Linda A. Starr



**Fellow Lions,**

The 2020 MD 34 State Convention committee regrets the canceling our annual convention. Your committee has worked hard on bringing you activities of service and fun! Our convention theme, Vision 2020-Our Legacy-Our Future is pictured above. We all should keep this in mind while we are home by planning how we can better serve our

communities and state for the remainder of the year and the future. We all are living through troubling times in our nation and the world. We will come out stronger and roaring to move forward in our service! My prayers for each of you and your families.

**2nd VDG 34B Brenda Elliott  
Chair-2020 MD 34 State Convention**

### ADPH HOTLINE

GENERAL HOTLINE: 800-270-7268  
TESTING HOTLINE: 888-264-2256  
EMAIL: covid19info@adph.state.al.us

FOR QUESTIONS ABOUT TESTING AND  
HOW TO GET CONNECTED TO PROVIDERS

The toll-free hotline is 800-270-7268. Telephone calls are answered from 7 a.m. until 9 p.m., daily. The testing hotline is 888-264-2256. This hotline provides information about available testing sites and hours of operation. Callers will be asked for their zip code to help locate the site nearest them. For more information, visit the ADPH website.

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# VISIONS

Barry Elliott



## ALS Executive Director's Report

Time is swiftly approaching for Lions on behalf of Alabama Lions Sight to contact their representatives and senators as our legislators consider the state budget to vote in favor of the Lions' request from the Education budget. Governor Ivey has included our proposal of screening grades 6, 8, and 10 in her budget at this time. We are working hard to keep it there and for it to be approved. If approved, our vision screening will increase by 170,000 students. Hopefully we will know something by May 1<sup>st</sup> in time for our 75<sup>th</sup> Anniversary celebration.

Let me encourage you to go to our website, [alsca.org](http://alsca.org), and purchase your tickets for the anniversary gala. Tickets are \$50.00 a person and include two drink tickets, admittance to the silent auction, and dinner at the Hoover Country Club. Our Master of Ceremonies will be WBRC Fox 6 morning anchor Janice Rogers. A celebration of this magnitude only comes around once in a life time.

We are asking clubs to donate an item to be included in the silent auction that is unique to your club or area (beginning bid of \$25.00 and a suggested reserve bid for your item). All funds

raised will be earmarked for the purchase of a 2<sup>nd</sup> Mobile Eye Clinic vehicle.

The reach and abilities of the 1<sup>st</sup> Mobile Eye Clinic vehicle, as well as its staff, are at capacity. We have strengthened our partnership with the Alabama Public Health Department and could do more if we had the ability. The opportunity is there to double our service when we are able to provide a second vehicle. I believe that the Lions want to and will meet the challenge. Come and celebrate with us.

These are exciting times to be a Lion and to be from Alabama.



**A sincere Thank You to Our Corporate Sponsors, Estates, Foundations and Lions**



Boeing Employees Community Fund  
Ms. Louise Carr  
Cawaco RC&D



Community Foundation of South Alabama  
Community Health Charities Crampton Trust



Estate of Carolyn S. McCormick  
Estate of John C. Moore  
Estate of Robert Bedwell



Greater Birmingham Regional Commission Foundation  
Gunter-Dixon Foundation

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Hill Crest Foundation

Holy Name of Jesus Hospital Trust Fund  
Honda Manufacturing

John A. and Delia T. Roberts Trust  
Junior League of Birmingham Beeson Fund



Lions Clubs International  
FOUNDATION



Solon and Martha Dixon Foundation  
Susan Mott Webb Foundation/Regions  
UAB Benevolent Fund  
Wal-Mart Foundation  
Walker Area Community Foundation



Hoover Lions Club President Ray Lindsey accepting Banner Patch from ALS Director Barry Elliott



Pelham Lions Club Lion "Tweety" Byrd receiving Banner Patch



Vestavia Hills Lions Club President Dr. Hooks receiving Banner Patch

**VISIT AND LIKE  
ALABAMA  
LIONS SIGHT  
FACEBOOK PAGE**

Check out the Alabama Lions Sight Facebook page. We invite you to visit and "Like" our page.

Also, anything you would like to announce, promote or mention please email and it will be added to the page.

Email address: [paula@alsca.org](mailto:paula@alsca.org)  
phone number is 205-325-8519.

Thank you!





# DISTRICT 34-A

DG  
Larry  
Bagley



## In and Around the District

Hello District 34A Lions. Thank you so much for your support these past nine months. The District celebrated at the 34A 2020 convention last month and I could not have been prouder of our District. There were 50 in attendance on Friday evening, March 6 to celebrate Bits and Bytes and 81 in attendance on Saturday, March 8 for the main event and District Cabinet meeting. Our guest speaker International Director Justin Faber from Deckerville, Michigan was outstanding. As you are well aware, in every newsletter I have mentioned NAMI. When International Director Faber asked if anyone had heard about NAMI, almost every hand in the room went up. During this Lion year, I hoped that NAMI would become a household word and I think we are well on our way. Also during our session on Saturday, we elected our District Governor team for 2020-2021. Please give them your support as you have me this past year. Newly elected are Tim Sosebee District Governor Elect, Mechele Mosley, First Vice District Governor Elect and Mike McElhaney, Second Vice District Governor Elect. Congratulations to each of them and I wish them great success.

In our opening ceremony, we honored Lion LT. Col Renie Bright for her 33 years of military service. Lion Renie served in two tours of Iraq, and one each in Kuwait, Afghanistan and Kosovo. The American flag on display at the convention was flown over Kosovo and was presented to the Guntersville Lions Club honoring the club for their support to her when she was in Kosovo this past year. The Guntersville Lions supported the local golf team on her base and also the soldiers and children at the base during Halloween.

During the convention the following presentations were given:

Joe Adair, District Food Bank Representative explained how the food bank operated in the area and how participants are selected. He reported that the food bank gives out more than 1000 boxes of food each month and several 1000 pounds of food to needy families in the surrounding community. During our convention, we collected \$250 and 78 cans of food for the District Food Bank.

Lion Richard Dean from the Hokes Bluff Lions made a presentation to ask for support for a Disaster Recovery trailer and equipment for our District. The cost of the trailer and equipment is around \$6000. Lion Richard reminded us that we will have a disaster in our District; it is just a matter of when. If you would like to help with this effort by donating your time and/or money to this District project, please contact Lion Richard at 256-390-4863. Also, please bring this effort to the attention of your club as well. In the next few weeks, more details will be available on our District website, AlabamaLions34a.com.

Lion Tim Carter from the Athens

Lions Club brought us up-to-date on the State Ramp Project. If you have not been involved with this project and want to experience Lionism, this is the project for you. Contact Lion Tim at carter.tim7@yahoo.com if you are interested in being blessed by your efforts.

PDG and Alabama Lion Sight Executive Director Barry Elliott presented the latest news on our efforts to gain vision screening for all schools in the state of Alabama. It appears that PDG Barry's efforts are beginning to become a reality. There is a line item in the AL State Government Budget for \$1.7 million for Alabama Lions vision screening. It was reported that this number could even be greater. I would like to personally thank PDG Barry for his efforts.

Lion Tracy Thompson, District B reported on ALHSLE. The forum will take place Jun 19-21, 2020.

2nd VDG Brenda Elliott (District B) reported on our upcoming State Convention, which will be April 17-19.

LCIF State Chair, PDG Andy Marshall from District C made a request to support LCIF and received pledges of \$10,000 from those in attendance. I would like to thank our District for stepping up to the plate and supporting our foundation that has given so much back to us.

PCC Ron Seybold gave an update on Hometown Heroes filming and showed the first video that has been completed which was Moulton Lions Pizza Farm. It will be ready for distribution to social media very soon.

Lion Julie Drzewiecki gave the crowd an update on the newest testing available for diabetics, called Day Two and an update on type III diabetes.

The Global Service Team has asked me to remind you of our NAMI (North America Membership Initiative) 2020 events calendar. You can view the calendar on the district website at AlabamaLions34a.com. Please remember we are a pilot district for NAMI projects. Lions worldwide will be impacted by our outcomes which are dependent on the cooperation of every club in 34 A. Also, remember that the month of April will emphasize supporting an Environmental project.

As Lion Tim Carter reminded us, only 15 clubs in our district are reporting service hours. Reporting is so easy and very valuable as far as NAMI is concerned. Recently, four Lions from the Athens Club attended the online convention planning meeting and reported that they were able to use Mylion and in less than 60 seconds all service hours were entered. They all said service hours reporting has never been easier. The website home page has a link to the NAMI service page that will lead you Step by Step in reporting on Mylion. Failure to report gives the appearance that 34 A is lagging behind other districts in number

of people served. District A has reported for this year 28,000 people served while C has reported 35,000 and B has reported 48,000. If all of our clubs in District A were reporting, the comparisons would be much more favorable to our district. Please make sure your club service chair or secretary reports your service hours. If you need help reporting, please contact GST Tim Carter at carter.tim7@yahoo.com.

If you have a service projects or events that you would like to get recognized you can also add them to the district calendar by visiting our District website and submitting your information. Our district secretary, Judy Rew, will get the information posted to the calendar.

Last but certainly not least, I would like to congratulate Guadalupe Andres as our LEO OF THE YEAR. She is from the Fort High School Leo Club which has 95 Club members. This is

an outstanding award for an outstanding young lady. Please give your support to Leo Clubs. If you need more information regarding our Leo program, contact our District Leo Chair, Diane King at kt47284@bellsouth.net



Leo of Year recipient from Fort Payne High School Leo Club. Pictured, from left, are Lion Alan Kilgo, Guadalupe Andres (FPHS Leo) and Lion Joseph Maks.



PID Jerome Thompson, ID Justin Faber, Lion (Cabinet Secretary) Judy Rew and DG Larry Bagley. She is being presented a Lion and Pen for her service to the District.



International Director Justin Faber and DG Larry Bagley visiting Ivey Green in Tuscumbia AL during the District A Convention. This was one of the highlights of the ID's visit.





DG Floyd  
"Bubba"  
Bingham

# DISTRICT 34-B



## In and Around the District

Spring has sprung, the winds of March have blown, and the flowers and trees are in full bloom. Signs of new life are abundant. The winter has passed, and we now look forward to the opportunities to serve granted by the mild weather of a gentle, warming spring.

As I reflect back on the past few months, I see the many accomplishments of our District. Thousands of Alabama's citizens have been served by dedicated Lions all across District 34B. Thousands of students have had their vision screened, and many referred for further examinations that they otherwise might not have known they needed. The recent attention given to Irlens Syndrome has no doubt changed the lives of many school aged children. The dedicated Lions of 40 clubs have continued to meet and brainstorm ideas to serve the citizens of their communities. Every club I have visited has begun to make plans for various fundraising events. They've begun to look among club member for the next slate of officers who will lead the club through the next year. Our first line of International officers, the Vice District Governors and District Governor elect, are writing their goals, their visions, and presenting them for review by Past District Governors. All of these activities are being completed while the current club and district officers are pushing hard toward

the goal of increasing membership and adding clubs to the district. Now is the time for the incoming officers to begin planning for the training they'll need in order to successfully lead their clubs into the next Lions year. Now is the time for the incoming Lion leaders to begin asking questions and exploring the LCI and MyLion websites in order to discover the many opportunities available for educating themselves and their clubs about all the resources available for membership growth, service projects, fundraising activities, and a countless other self-educational opportunities. Go to [www.mylions.org](http://www.mylions.org) and see the world of Lionism open before your eyes! Download the mobile app and you can have immediate access through your smart phone. You'll need to set up and account with a login and password. However, from that point your opportunities are endless!

For the past few months, I have dedicated the District Governor team to starting a new Lions club in the West Elmore County area (Millbrook, Coosada, Deatsville and Elmore). On March 20, 2020 that work became a reality when Lions Club International approved the application. After several organizational meetings, each one gaining a few more interested citizens of the community, we collected the required twenty membership

applications with the required entrance fees. Since then we have gained four more applications with a few other promises to join! (I won't be surprised to see at least 30 members on Charter night!) The temporary slate of new officers was selected, the information was entered into the LCI club website and emails have begun to flow! The charter members are becoming energized at the opportunities to SERVE! The GLT-D has begun to collect training materials and will meet with the new club soon to provide the necessary training to the officers in order to ensure the club success. The Guiding Lion has been assigned and he, along with I, will meet often with the new club to offer our assistance and answer questions as may be needed. It's certainly a gratifying to know that we have established a new club and that the citizens of that area are willing to give back to their community, the district, and to the global causes that Lions International supports.

The Prattville and Wetumpka Lions clubs AND our sister club across the river in District C, Montgomery Lions club, have all agreed to Sponsor or Co-Sponsor the West Elmore county Lions club and GMT-MD Ron Mitchell has agreed to a generous Multidistrict donation to the club. Because of these generous donations, the new club will receive a Banner, Gong, Gavel and some much-



DG Bubba Bingham inducts his son, Josh Bingham, as a new member of the Prattville Lions Club.

needed start-up funds!

Now we've moved our effort to the Trussville area. PDG Pedro Pino, along with the 2nd Vice District Governor Brenda Elliott and GMT-D George Head have made initial contact with Trussville Mayor Buddy Choat and the Chamber of Commerce Director and they have offered their enthusiastic support in standing up a club. Our goal is to have it established by end of April.

As of this writing, the District 34B convention is in the books. Many hours of planning went into this event so that those Lions who attended had the opportunity to vote on district governing business, network with fellow Lions, listen to several interesting presentations and gain information from the International Director Larry Edwards and his wife Lion Susan Edwards, on the work of Lions at International level. Several Presidential Certificates of Appreciation were presented to those Lion leaders who distinguished themselves by acts of service and/or growth in membership within their clubs. Congratulations to all of those recipients! Thank you for setting the example of Leadership and Lionism!

Our Campaign 100 continues! Now is the time to make your club or individual contributions to LCIF. Here in central Alabama we are a target for tornados! Every

dollar donated to disaster relief comes back many times over in the way of disaster grants. As many of you know, one phone call to LCIF from the District Governor (along with justification) gets a disaster relief check literally overnight which goes to provide much needed supplies to those who've suffered qualifying losses during a disaster. Please consider a donation.

Finally, let me say "Thank You" for the invitations I've received to visit clubs all across the District. By allowing your District Governor the opportunity to visit, fellowship and say a few words about the state of the district, we all gain a better understanding of what Lionism is all about. We all gain a better understanding of what we can do if we work together. Lions clubs meetings are a gathering of like-minded servants to share ideas and relationships. They afford the opportunity to pat ourselves on the back when we wouldn't do it publicly. They give us the opportunity to thank each other for a job "well done" without the expectation of reward. "THANK YOU", each and every one of you for the contributions you have made individually and collectively to make our world a better place to live. Yes, "WE SERVE"!

**Bubba Bingham**  
34B, District Governor



Early West Elmore County club organizational meeting





# DISTRICT 34-C

DG  
Yvonne  
Burroughs



## In and Around the District

Hello Lions of District 34-C. We are into the Month of April. This year is flying by. April is Leo Club Awareness. All clubs that sponsor Leo Clubs in your area spread the word about the good work that Leos are doing in your community. Plan a joint project with your Leo Club.

The first Leo club was founded in 1957 by Jim Graver, the coach of the Abington High School, Pennsylvania baseball team. He was an active member of the Glenside Lions Club. The club was founded with the help of William Ernst, another Lion. It adopted the high school's colors of maroon and gold. The club also created the acronym Leadership, Equality, Opportunity for the word Leo. The word equality was later changed to experience.

In our District, we have two newly formed Leo Clubs, one in Atmore, the Escambia County High School Leo Club sponsored by the Atmore Lions Club. I was honored to be a part of the Charter Ceremony of the Escambia County High School Leo Club. The other new Leo Club is in Headland, the Headland High School Leo Club sponsored by the Headland Lions Club. The Flomaton High School Leo Club sponsored by the Flomaton Lions Club was chartered in 2012 and once had over 75 members. This year they are down to 44 members but they are still working hard with the Flomaton Lions. Our other Leo Clubs are Saraland High School Leos (Saraland Lions Club-Sponsor), Satsuma High School Leos (Satsuma Lions Club-Sponsor), Eufaula High School Leos (Eufaula Lions Club-Sponsor), Citronelle High School Leos (Citronelle Lions Club-Sponsor), Enterprise High School Leos (Enterprise Lions Club-Sponsor), Daphne High School Leos (Daphne Lions Club-Sponsor), Grove Hill Leos (Grove Hill Lions Club-Sponsor), Gulf Shores High School Leos (Gulf Shores Lions Club-Sponsor), Pike Road Historic Leos (Pike Road Lions Club-Sponsor), Saint James School Leos (Montgomery Lions Club-Sponsor), Pride of Foley Leos (Foley Lions Club-Sponsor), Macon Easy Academy Leos (Montgomery Lions Club-Sponsor), Thomasville High School Leos (Thomasville Lions Club-Sponsor), and Vigor High School Leos (Eight Mile Lions Club-Sponsor).

District 34-C Leo of the Year is Leo Jessica Thompson, Saraland High School Leo Club. The Leo Advisor is Lion Phillip Woods and the Faculty Advisor is Dana Mason.

April is also Environmental Awareness Month. Plant trees; meet monthly and clean up a beach, community space or roadside area; collect used cell phones and donate them to indi-

viduals in need; use a reusable water bottle or coffee mug rather than disposable products; change to energy-saving light bulbs; set a time limit for shower to reduce water consumption; recycle paper, glass, aluminum, plastic.

Lion Dr. Alexandra Conniff along with other Lions from Alabama including members from Eufaula Lions Club went on the annual vision mission trip in February. Here is what Lion Alexandra had to say about the trip, "Our team of 33 members with the Alabama Lions Ophthalmic Mission to Mexico improved the vision of the people of Calvillo. In the four days of the clinic 1818 patients were served. Patients were tested for near vision, far vision and auto refracted. Our group worked with the Ministry of Health to refer for cataract surgeries. Fifty-four patients were referred to the ministry of health after examination by our doctor. Readers and prescription glasses were dispensed. Every person who attended the clinic received a pair of sunglasses. Our team worked tirelessly to meet the needs of the people of Calvillo. Our team exemplified our motto 'We Serve.'"

We appreciate the hard work and the dedication of the Alabama Lions Ophthalmic Mission volunteers. If you would like to a part of this rewarding service project. Let Lion Dr. Alexandra Conniff or members of the Eufaula Lions Club know.

I visited Gulf Shores Lions and they are hard at work raising money for the Miracle Field. I was pleased to give Milestone Chevrons to several members. The Semmes Lions Club was my last club in our district to visit. Last but not least, they are working to increase membership. If you know anyone in the Semmes area who wants to serve their community, contact Lion Glenn Griffin.

Our 1<sup>st</sup> Vice District Governor Pete Crews went off to St. Charles, IL for District Governor-Elect training in February. When July comes, he will be ready to take his place as District Governor of our wonderful District.

Thanks to all the clubs for your service activities in March.

Please continue to record your service activities in MyLion and complete your Monthly Memberships Report (MMR) in MyLCI.

How can I help you? Let me know. *We have the POWER to make a difference.*

### DATES TO REMEMBER:

- April 17-19, 2020-Multiple District 34 Convention in Hoover

Yvonne Burroughs



PIP Frank Moore  
and 1VDG Pete Crew



Escambia County High School Leo Club preparing  
bags to take to children in the hospital.



Escambia County High School Leo Club



Lion Alexandra Conniff and Ala. Lions Ophthalmic Mission volunteers





# Lions Purpose and Ethics

As Lions, we hold ourselves to the absolute highest standards in everything we do. Our members and clubs are dedicated to serving others, and it shows. We champion kindness in our communities and actively work to improve the lives of all people.

## Our Purpose

To Organize, charter and supervise service clubs to be known as Lions clubs.

To Coordinate the activities and standardize the administration of Lions clubs.

To Create and foster a spirit of understanding among the peoples of the world.

To Promote the principles of good government and good citizenship.

To Take an active interest in the civic, cultural, social and moral welfare of the community.

To Unite the clubs in the bonds of friendship, good fellowship and mutual understanding.

To Provide a forum for the open discussion of all matters of public interest; provided, however, that partisan politics and sectarian religion shall not be debated by club members.

To Encourage service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.

...

## Our Code of Ethics

To Show my faith in the worthiness of my vocation by industrious application to the end that I may merit a reputation for quality of service.

To Seek success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.

To Remember that in building up my business it is not necessary to tear down another's; to be loyal to my clients or customers and true to myself.

Whenever a doubt arises as to the right or ethics of my position or action towards others, to resolve such doubt against myself.

To Hold friendship as an end and not a means. To hold that true friendship exists not on account of the service performed by one to another, but that true friendship demands nothing but accepts service in the spirit in which it is given.

Always to bear in mind my obligations as a citizen to my nation, my state, and my community, and to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labor and means.

To Aid others by giving my sympathy to those in distress, my aid to the weak, and my substance to the needy.

To Be Careful with my criticism and liberal with my praise; to build up and not destroy.



## ALOYF SCHOLARSHIPS ANNOUNCED

ALOYF was created by the Lions of Alabama to honor the service PIP J. Frank Moore III. ALOYF is a I.R.C. Section 501(c)(3), Alabama non-profit corporation, that sponsors and supports the youth projects of the Lions of Alabama, Multiple District 34.

ALOYF gives college scholarships to graduating high school seniors in Alabama in the name of PIP J. Frank Moore III. In addition, a group of Lions known as Alabama Lions High School Leadership Forum (ALHSLF) operates as an autonomous committee of ALOYF.

The purpose of ALHSLF is to build and strengthen leadership, relationships, and the power to serve, among the youth in Alabama. (<http://alhslf.org>) Tax exempt donations to continue the work of funding scholarships by ALOYF may be sent to the following address:

**ALOYF**  
**P.O. Box 2436**  
**Ozark, AL 36361**  
**E-mail: [bill@filmore.net](mailto:bill@filmore.net)**

The ALOYF Board has approved two \$1,000 scholarships for graduating high school seniors in Alabama for 2020. Completed applications must be received by May 15, 2020.

To obtain a copy of all the forms to submit the scholarship application go to <http://filmore.net/aloyf.html>

## ATTENTION ALL LIONS CLUBS

Let all the Lions of Alabama know what your club is doing in the near future. E-Mail, fax or call Doris at 205-933-9288, fax 205-933-9215, E-mail: [lionsofalabama@bellsouth.net](mailto:lionsofalabama@bellsouth.net), and indicate it is for the newsletter.

We cannot use clippings from local newspapers.

When you send photos they must be in JPEG format, and everyone in the photo needs to be identified. These articles will be used on a first come first serve as space is limited.





# Successful Alabama Lions Vision Mission to Calvillo, Aguascalientes, Mexico

1,818 people seen in four days . . .  
over 5,000 glasses distributed from prescription, readers, and sunglasses







# MYTH BUSTERS

## Coronavirus disease (COVID-19) advice for the public

### World Health Organization (WHO)

#### **COVID-19 virus can be transmitted in areas with hot and humid climates**

From the evidence so far, the COVID-19 virus can be transmitted in ALL AREAS, including areas with hot and humid weather. Regardless of climate, adopt protective measures if you live in, or travel to an area reporting COVID-19. The best way to protect yourself against COVID-19 is by frequently cleaning your hands. By doing this you eliminate viruses that may be on your hands and avoid infection that could occur by then touching your eyes, mouth, and nose.

#### **Cold weather and snow CANNOT kill the new coronavirus**

There is no reason to believe that cold weather can kill the new coronavirus or other diseases. The normal human body temperature remains around 36.5°C to 37°C, regardless of the external temperature or weather. The most effective way to protect yourself against the new coronavirus is by frequently cleaning your hands with alcohol-based hand rub or washing them with soap and water.

#### **Taking a hot bath does not prevent the new coronavirus disease**

Taking a hot bath will not prevent you from catching COVID-19. Your normal body temperature remains around 36.5°C to 37°C, regardless of the temperature of your bath or shower. Actually, taking a hot bath with extremely hot water can be harmful, as it can burn you. The best way to protect yourself against COVID-19 is by frequently cleaning your hands. By doing this you eliminate viruses that may be on your hands and avoid infection that could occur by then touching your eyes, mouth, and nose.

#### **The new coronavirus CANNOT be transmitted through mosquito bites.**

To date there has been no information nor evidence to suggest that the new coronavirus could be transmitted by mosquitoes. The new coronavirus is a respiratory virus which spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose. To protect yourself, clean your hands frequently with an alcohol-based hand rub or wash them with soap and water. Also, avoid close contact with anyone who is coughing and sneezing.

#### **Are hand dryers effective in killing the new coronavirus?**

No. Hand dryers are not effective in killing the 2019-nCoV. To protect yourself against the new coronavirus, you

should frequently clean your hands with an alcohol-based hand rub or wash them with soap and water. Once your hands are cleaned, you should dry them thoroughly by using paper towels or a warm air dryer.

#### **Can an ultraviolet disinfection lamp kill the new coronavirus?**

UV lamps should not be used to sterilize hands or other areas of skin as UV radiation can cause skin irritation.

#### **How effective are thermal scanners in detecting people infected with the new coronavirus?**

Thermal scanners are effective in detecting people who have developed a fever (i.e. have a higher than normal body temperature) because of infection with the new coronavirus. However, they cannot detect people who are infected but are not yet sick with fever. This is because it takes between 2 and 10 days before people who are infected become sick and develop a fever.

#### **Can regularly rinsing your nose with saline help prevent infection with the new coronavirus?**

No. There is no evidence that regularly rinsing the nose with saline has protected people from infection with the new coronavirus.

There is some limited evidence that regularly rinsing nose with saline can help people recover more quickly from the common cold. However, regularly rinsing the nose has not been shown to prevent respiratory infections.

#### **Can eating garlic help prevent infection with the new coronavirus?**

Garlic is a healthy food that may have some antimicrobial properties. However, there is no evidence from the current outbreak that eating garlic has protected people from the new coronavirus.

#### **Does the new coronavirus affect older people, or are younger people also susceptible?**

People of all ages can be infected by the new coronavirus (2019-nCoV). Older people, and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) appear to be more vulnerable to becoming severely ill with the virus.

WHO advises people of all ages to take steps to protect themselves from the virus, for example by following good hand hygiene and good respiratory hygiene.

#### **Are antibiotics effective in preventing and treating the new coronavirus?**

No, antibiotics do not work against viruses, only bacteria.

The new coronavirus (2019-nCoV) is a virus and, therefore, antibiotics should not be used as a means of prevention or treatment.

However, if you are hospitalized for the 2019-nCoV, you may receive antibiotics because bacterial co-infection is possible.

#### **Are there any specific medicines to prevent or treat the new coronavirus?**

To date, there is no specific medicine recommended to prevent or treat the new coronavirus (2019-nCoV).

However, those infected with the virus should receive appropriate care to relieve and treat symptoms, and those with severe illness should receive optimized supportive care. Some specific treatments are under investigation, and will be tested through clinical trials. WHO is helping to accelerate research and development efforts with a range of partners.

# COVID-19

## Coronavirus

#### **Can spraying alcohol or chlorine all over your body kill the new coronavirus?**

No. Spraying alcohol or chlorine all over your body will not kill viruses that have already entered your body. Spraying such substances can be harmful to clothes or mucous membranes (i.e. eyes, mouth). Be aware that both alcohol and chlorine can be useful to disinfect surfaces, but they need to be used under appropriate recommendations.

#### **Do vaccines against pneumonia protect you against the new coronavirus?**

No. Vaccines against pneumonia, such as pneumococcal vaccine and Haemophilus influenza type B (Hib) vaccine, do not provide protection against the new coronavirus. The virus is so new and different that it needs its own vaccine. Researchers are trying to develop a vaccine against 2019-nCoV, and WHO is supporting their efforts.

Although these vaccines are not effective against 2019-nCoV, vaccination against respiratory illnesses is highly recommended to protect your health.